

**Sermon Notes – May 1, 2016**  
**“Rejoice Regardless”**  
**Philippians 4:4-7**  
**Pastor Bill Hoffman**

**Verse 4:** What about Paul’s life generally, and in particular as he’s writing this letter, suggests that his call to “Rejoice in the Lord always” is not glib or naïve?

- What about the Lord makes him one in whom a person can always rejoice?

**Verse 6:** Go back to Philippians 2:20 where the word translated “genuine interest” is the same Greek word as here rendered “anxious.” I think this indicates Paul would distinguish between healthy and unhealthy anxiousness.

- Can you think of examples of each?
- What is it about prayer that makes it a better alternative to anxiety?

**Verse 7:** What is the “peace of God” Paul speaks of?

- What does he say it will do?
- Have you experienced what Paul is talking about?

This is one of the truly great passages of Scripture to commit to memory – along with the next verse. If you haven’t already, work to memorize these lines so that the truths to which they witness can sink more deeply into you.