Sermon Notes – July 12, 2015 "The Blessed Life" Psalm 1 Pastor Bill Hoffman

What are the two distinct ways of life and their results described in this Psalm?

• Can you think of other places in the Bible where we see a similar theme?

Why do you think some of us – including myself – sometimes resist looking at life in such stark either/or terms?

What are your associations with the word "blessed"?

• If this Psalm were the only place you ever saw the word, how would you define it?

In practice, what does it mean to "delight" in and "meditate" upon "the law of the LORD"?

- Can you think of some concrete examples of how doing so leads to greater stability, fruitfulness, and/or prosperity in a person's life?
- Your own life?